



North Attleborough Public Schools
John Woodcock Administration Building
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Director of Nursing

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Dear Parent or Guardian:

The North Attleboro school district wants to provide a healthy school environment for all students. That means offering nourishing food and drink choices that will promote students' growth and development, learning, and healthy life-long eating habits.

As part of the effort to improve children's health in **Massachusetts, the State Legislature** asked the **Massachusetts Departments of Public Health and Elementary and Secondary Education to develop nutrition standards for our public schools.** The new standards were developed by health and education experts using the Institute of Medicine's *Nutrition Standards for Food in School and the Dietary Guidelines for Americans, 2010* and are focused on what are called "competitive" foods and drinks sold or **provided** in public schools during the school day.

The purpose of this letter is to address any foods provided during the school day outside of the food service program. This includes classroom activities, celebrations and breakfasts served on testing days. The state has identified the following website that provides up-to-date products that are acceptable for these functions: <http://www.johnstalkerinstitute.org/alist/>

No home baked dessert products can be sent in to be shared. Please follow the food allergy guidelines for your child's class as advised. The standards apply to items sold or provided from 30 minutes before the beginning of the school day until 30 minutes after the school day ends.

We welcome your ideas and support in creating a healthier school environment for our students. Please feel free to call us with any questions and ideas you may have.

More information about children's wellness and nutrition is available at www.mass.gov/massinmotion.

Sincerely,
Judy Aubin, R.N.
Judy Aubin
Director of Nursing

The North Attleborough Public School District provides Equal Educational and Employment Opportunities without regard to race, color, sex, religion, sexual orientation and disability.