

Physical Education Activities

Warm-Up The Martin School Way

This week's warm-up comes from Mrs. Parker & Mrs. Monahan



Gr. K-2:

After warming up try this
toss & catch activity



Catch Quest

Gr. 3-5:

We challenge you.....



Create your own PE Game

We want to hear from you! Share your thoughts, ideas and activities with us. We are here for you.



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